

Uitslag overzicht

Korte baan (25m)

|                        | Afstand/zwemslag | Pl.       | Tijd    | Ronde | oude PR. | Versch. |       |
|------------------------|------------------|-----------|---------|-------|----------|---------|-------|
| Bakarbessy Milou       | 11-9-2001        | 200101878 |         |       |          |         | EZ&PC |
|                        | 50 vrije slag    |           | 34.81   |       | 32.30    | 86%     |       |
|                        | 100 vrije slag   | 3         | 1:12.17 |       | 1:09.44  | 93%     |       |
|                        | 50 schoolslag    | 2         | 42.56   |       | 43.91    | 106%    | PR.   |
|                        | 50 vlinderslag   |           | 40.00   |       | 36.42    | 83%     |       |
|                        | 200 wisselslag   | 1         | 3:00.08 |       | 2:50.57  | 90%     |       |
| Barentsen Alexander    | 3-11-2007        | 200701229 |         |       |          |         | EZ&PC |
|                        | 50 vrije slag    |           | 42.73   |       | 38.56    | 81%     |       |
|                        | 100 vrije slag   |           | 1:31.23 |       | 1:25.78  | 88%     |       |
|                        | 200 vrije slag   | 4         | 3:07.13 |       | 3:08.53  | 102%    | PR.   |
|                        | 50 rugslag       | 2         | 43.16   |       | 45.49    | 111%    | PR.   |
| Franken-Hendriks Cindy | 23-4-1992        | 199207672 |         |       |          |         | EZ&PC |
|                        | 50 vrije slag    |           | 34.01   |       | 29.40    | 75%     |       |
|                        | 100 vrije slag   |           | 1:12.82 |       | 1:04.83  | 79%     |       |
|                        | 200 vrije slag   |           | 2:34.37 |       | 2:26.57  | 90%     |       |
|                        | 400 vrije slag   | 2         | 5:24.15 |       | 5:21.12  | 98%     |       |
|                        | 100 wisselslag   | 2         | 1:17.59 |       | 1:15.83  | 96%     |       |
| Hamburg Floris         | 21-7-2009        | 200902261 |         |       |          |         | EZ&PC |
|                        | 50 vrije slag    |           | 59.59   |       | --       |         | PR.   |
|                        | 100 vrije slag   | 6         | 2:06.44 |       | --       |         | PR.   |
|                        | 50 rugslag       | 5         | 1:07.65 |       | --       |         | PR.   |
| Jansen Jesse           | 7-12-2005        | 200504181 |         |       |          |         | EZ&PC |
|                        | 50 vrije slag    |           | 42.52   |       | --       |         | PR.   |
|                        | 100 vrije slag   | 6         | 1:36.47 |       | --       |         | PR.   |
|                        | 50 rugslag       | 4         | 45.29   |       | --       |         | PR.   |
| Krari Bilal            | 4-3-2011         | 201100571 |         |       |          |         | EZ&PC |
|                        | 25 vrije slag    | 3         | 23.57   |       | --       |         | PR.   |
|                        | 50 vrije slag    | 3         | 54.25   |       | --       |         | PR.   |
|                        | 50 schoolslag    | 3         | 1:05.39 |       | --       |         | PR.   |
| Krari Zakaria          | 28-5-2008        | 200801061 |         |       |          |         | EZ&PC |
|                        | 50 vrije slag    |           | 46.42   |       | 48.63    | 110%    | PR.   |
|                        | 100 vrije slag   | 4         | 1:36.95 |       | 1:44.24  | 116%    | PR.   |
|                        | 50 rugslag       | 4         | 51.93   |       | 51.47    | 98%     |       |
| Kuiper Dide            | 5-2-2007         | 200703214 |         |       |          |         | EZ&PC |
|                        | 50 vrije slag    |           | 39.04   |       | 39.04    | 100%    |       |
|                        | 100 vrije slag   |           | 1:22.54 |       | 1:25.72  | 108%    | PR.   |
|                        | 200 vrije slag   | 4         | 2:52.15 |       | 2:58.45  | 107%    | PR.   |
|                        | 50 rugslag       | 3         | 43.12   |       | 45.47    | 111%    | PR.   |
| Kuiper Jente           | 29-3-2011        | 201100450 |         |       |          |         | EZ&PC |
|                        | 25 vrije slag    | 2         | 22.65   |       | 22.80    | 101%    | PR.   |
|                        | 50 vrije slag    | 1         | 52.60   |       | 52.07    | 98%     |       |
|                        | 50 schoolslag    | 3         | 1:04.38 |       | 1:06.94  | 108%    | PR.   |
| Landman Charlotte      | 27-5-2009        | 200901290 |         |       |          |         | EZ&PC |
|                        | 50 vrije slag    | Est.      | 37.19   |       | 36.42    | 96%     |       |
|                        | 50 vrije slag    |           | 38.96   |       | 36.42    | 87%     |       |
|                        | 100 vrije slag   | 1         | 1:24.07 |       | 1:23.45  | 99%     |       |
|                        | 50 rugslag       | 1         | 41.28   |       | 41.51    | 101%    | PR.   |
|                        | 50 vlinderslag   | 1         | 44.59   |       | 43.24    | 94%     |       |

|                       |                |           |         |         |         |      |       |
|-----------------------|----------------|-----------|---------|---------|---------|------|-------|
| Landman Sanne         | 11-7-2003      | 200304762 |         |         |         |      | EZ&PC |
|                       | 50 vrije slag  |           |         | 34.17   | 31.63   | 86%  |       |
|                       | 100 vrije slag | 2         | 1:10.28 |         | 1:10.51 | 101% | PR.   |
|                       | 50 rugslag     | Est.      | 35.89   |         | 34.90   | 95%  |       |
|                       | 50 schoolslag  | 1         | 41.28   |         | 41.13   | 99%  |       |
| Leenders Fem          | 26-11-2010     | 201001212 |         |         |         |      | EZ&PC |
|                       | 25 vrije slag  | 1         | 22.48   |         | 24.40   | 118% | PR.   |
|                       | 50 schoolslag  | 1         | 1:01.14 |         | 1:02.61 | 105% | PR.   |
| Leenders Luuk         | 28-6-2006      | 200603293 |         |         |         |      | EZ&PC |
|                       | 50 vrije slag  |           |         | 46.30   | 39.81   | 74%  |       |
|                       | 100 vrije slag |           |         | 1:38.62 | 1:33.72 | 90%  |       |
|                       | 200 vrije slag | 7         | 3:21.11 |         | 3:50.32 | 131% | PR.   |
|                       | 50 rugslag     | 8         | 49.91   |         | 47.86   | 92%  |       |
| van Neijenhof Carlijn | 26-2-1995      | 199501812 |         |         |         |      | EZ&PC |
|                       | 50 vrije slag  |           |         | 37.79   | 32.87   | 76%  |       |
|                       | 100 vrije slag |           |         | 1:19.72 | 1:10.12 | 77%  |       |
|                       | 200 vrije slag |           |         | 2:47.87 | 2:37.61 | 88%  |       |
|                       | 400 vrije slag | 9         | 5:50.48 |         | 5:40.39 | 94%  |       |
|                       | 100 wisselslag | 9         | 1:25.40 |         | 1:22.38 | 93%  |       |
| Neijenhuis Anouk      | 6-8-2007       | 200701290 |         |         |         |      | EZ&PC |
|                       | 50 vrije slag  |           |         | 43.87   | 43.22   | 97%  |       |
|                       | 100 vrije slag |           |         | 1:35.58 | 1:30.76 | 90%  |       |
|                       | 200 vrije slag | 12        | 3:18.52 |         | 3:24.54 | 106% | PR.   |
|                       | 50 rugslag     | 7         | 47.28   |         | 48.95   | 107% | PR.   |
| Piras Laura           | 30-6-2005      | 200504554 |         |         |         |      | EZ&PC |
|                       | 50 vrije slag  |           |         | 41.28   | 37.40   | 82%  |       |
|                       | 100 vrije slag |           |         | 1:29.14 | 1:26.39 | 94%  |       |
|                       | 200 vrije slag | 7         | 3:07.39 |         | 3:21.16 | 115% | PR.   |
|                       | 50 rugslag     | Est.      | 47.47   |         | 46.96   | 98%  |       |
|                       | 50 rugslag     | 9         | 48.00   |         | 46.96   | 96%  |       |
| Rutten Nanouk         | 24-7-1992      | 199207014 |         |         |         |      | EZ&PC |
|                       | 50 vrije slag  |           |         | 38.10   | 32.31   | 72%  |       |
|                       | 100 vrije slag |           |         | 1:20.46 | --      |      | PR.   |
|                       | 200 vrije slag |           |         | 2:49.40 | --      |      | PR.   |
|                       | 400 vrije slag | 6         | 5:45.97 |         | --      |      | PR.   |
|                       | 100 wisselslag | 4         | 1:21.12 |         | --      |      | PR.   |
| Sandifort Danee       | 4-5-2005       | 200501768 |         |         |         |      | EZ&PC |
|                       | 50 vrije slag  |           |         | 35.40   | 33.65   | 90%  |       |
|                       | 100 vrije slag |           |         | 1:15.36 | 1:12.59 | 93%  |       |
|                       | 200 vrije slag | 1         | 2:34.73 |         | 2:36.74 | 103% | PR.   |
|                       | 50 rugslag     | 1         | 38.44   |         | 38.47   | 100% | PR.   |
| Sprick Esther         | 5-1-1991       | 199107930 |         |         |         |      | EZ&PC |
|                       | 50 vrije slag  |           |         | 37.34   | 32.21   | 74%  |       |
|                       | 100 vrije slag |           |         | 1:18.59 | 1:09.15 | 77%  |       |
|                       | 200 vrije slag |           |         | 2:45.79 | 2:33.28 | 85%  |       |
|                       | 400 vrije slag | 5         | 5:43.75 |         | 5:38.55 | 97%  |       |
|                       | 100 wisselslag | 8         | 1:24.25 |         | 1:20.77 | 92%  |       |
| Vermeulen Tessa       | 17-10-2006     | 200604552 |         |         |         |      | EZ&PC |
|                       | 50 vrije slag  |           |         | 41.07   | 39.20   | 91%  |       |
|                       | 100 vrije slag |           |         | 1:27.28 | 1:24.29 | 93%  |       |
|                       | 200 vrije slag | 5         | 3:01.99 |         | 3:01.94 | 100% |       |
|                       | 50 rugslag     | 5         | 44.21   |         | 44.42   | 101% | PR.   |

|                           |                |                       |         |                        |       |     |         |
|---------------------------|----------------|-----------------------|---------|------------------------|-------|-----|---------|
| Vilier Joost              | 12-8-2001      | 200102813             |         |                        |       |     | EZ&PC   |
|                           | 50 vrije slag  |                       | 29.96   | 26.77                  | 80%   |     |         |
|                           | 100 vrije slag |                       | 1:03.94 | 58.54                  | 84%   |     |         |
|                           | 200 vrije slag |                       | 2:14.45 | 2:10.52                | 94%   |     |         |
|                           | 400 vrije slag | 1                     | 4:36.76 | 4:50.77                | 110%  | PR. |         |
|                           | 100 wisselslag | 1                     | 1:09.06 | 1:11.35                | 107%  | PR. |         |
| Willemsen Xander          | 31-10-2001     | 200101823             |         |                        |       |     | EZ&PC   |
|                           | 50 vrije slag  |                       | 33.60   | 29.40                  | 77%   |     |         |
|                           | 100 vrije slag | 2                     | 1:10.80 | 1:10.52                | 99%   |     |         |
|                           | 50 schoolslag  | 1                     | 39.62   | 40.83                  | 106%  | PR. |         |
|                           | 50 vlinderslag |                       | 37.80   | 34.31                  | 82%   |     |         |
|                           | 200 wisselslag | 1                     | 2:53.39 | 2:56.95                | 104%  | PR. |         |
| Yuce Ela                  | 16-4-2008      | 200803258             |         |                        |       |     | EZ&PC   |
|                           | 50 vrije slag  |                       | 41.76   | 42.29                  | 103%  | PR. |         |
|                           | 100 vrije slag | 2                     | 1:31.51 | 1:32.92                | 103%  | PR. |         |
|                           | 50 rugslag     | 2                     | 45.17   | 46.59                  | 106%  | PR. |         |
|                           | 50 vlinderslag | 2                     | 46.04   | 48.12                  | 109%  | PR. |         |
| 8 x 50 vrije slag Gemengd | :              | Landman Charlotte     | 37.19   | Landman Sanne          | 32.17 | 1   | 4:48.76 |
|                           |                | Hamburg Floris        | 56.05   | Willemsen Xander       | 30.68 |     |         |
|                           |                | Sandifort Danee       | 34.30   | Franken-Hendriks Cindy | 30.26 |     |         |
|                           |                | Barentsen Alexander   | 40.13   | Vilier Joost           | 27.98 |     |         |
| 4 x 50 wisselslag Dames   | :              | Landman Sanne         | 35.89   | Franken-Hendriks Cindy | 32.20 | 1   | 2:25.98 |
|                           |                | van Neijenhof Carlijn | 44.64   | Bakarbessy Milou       | 33.25 |     |         |
|                           |                | Piras Laura           | 47.47   | Neijenhuis Anouk       | 43.79 | 1   | 2:53.40 |
|                           |                | Vermeulen Tessa       | 47.94   | Sandifort Danee        | 34.20 |     |         |

Totaal 94 persoonlijke uitslag, Gemiddelde prestatie: 96,3%  
 0 nieuw(e) record(s), 42 nieuw(e) persoonlijke record(s)  
 Grootste verbetering: Leenders Luuk, 200 vrije slag 3:21.11